



About Us

The Tigers Trust is a registered charity affiliated with Hull City Football Club. The Trust work across the communities of Hull and East Riding by delivering an array of programmes, activities and opportunities to individuals aged 2-80 years+ to deliver positive outcomes relating to health and wellbeing.

Vision:

Inspired and integrated communities, living active, healthy and happy lives.

Mission:

We dare to inspire, engage and improve our communities, through sport, active participation and education; providing opportunities and removing barriers; supporting and raising aspirations and helping people to lead healthy and happy lives because we care and because we can.

Values:

- Fun
- Ambitious
- Inspiring
- Respectful
- Passionate
- Inclusive

Key objectives:

1. **Inspire Communities-** working to 'inspire' and raise the aspirations of our local communities through an inclusive and quality offer of sport and education activities and provision.
2. **Improve Health and Well Being-**improving the health and well-being of our local communities through activities which promote safe, healthy and happy lifestyles.
3. **Create Pathways to Education & Employment Opportunities-** creating the opportunity to raise educational attainment and promote a value of lifelong learning, whilst

increasing access to the 'world of work' through promoting opportunities to interact with employers and entrepreneurs.

4. **Connect and Collaborate with Key Stakeholders-** maximising impact and resources by delivering together for the benefit of the local communities.
5. **Sustainable-** Operate a financially sustainable and viable charity, working effectively with our Club, growing income and building strategic partnerships.
6. **Build Capacity-** of our charity through excellent governance, quality management and an effective integrated delivery structure.

2019-2020 Statistics:

- We have engaged with **33,395** participants.
- **2542** Females have accessed football through Tigers Trust.
- Through our programme delivery, we have engaged with **22** different nationalities.
- **220** Volunteers have supported our community work.
- Our participants have delivered over **18,000** social action hours back into the community of Hull and East Riding

Brief Overview of our Programmes:

- **Premier League Primary Stars-** Our team deliver high quality P.E provision to over 30 local Primary Schools in Hull and East Riding
- **Football Centres-** Every School Holiday, our coaches deliver Football centres to children aged 5-12 years at a range of venues across Hull and East Riding
- **NCS –** NCS is a National Programme that brings together 15- 17-year-olds from different backgrounds and takes them through a programme of activities, which builds their confidence and enables them to make a difference to their community through a social action project.
- **Premier League Kicks-** Our PL Kicks programme comprises of free sport and dance sessions for young people aged 8-18. The sessions enhance physical and mental wellbeing, including self-esteem, ambition, and social skills. We work in partnership with young people, the police and other stakeholders to support the younger generation with the societal challenges they face (e.g. youth violence) and to improve community safety
- **Premier League Targeted Kicks-** Alongside partners, we help support vulnerable young people that may be at risk of Child Criminal Exploitation with trained staff members and relevant activities, that support and help to educate young people.
- **Tigers Together-** We provide weekly football sessions that help individuals that have mental health issues aged 18 years+.

- **Able and Active-** Our weekly inclusive sports sessions provide a welcoming environment for children and young people that have additional needs.
- **Training Ground-** Our Training Ground Programme provides 18- 24-year-olds that are not in education or employment the skills and experiences to find employment.
- **Premier League Inspires-** Our Inspires project aims to provide young people with opportunities to learn about the work of work and develop their overall employability skills.
- **Walking Football-** Weekly walking football sessions are provided for individuals aged 55+. The sessions have incredible social benefits and members enjoy weekly quizzes and coffee mornings too.
- **Tigers Teammates –** The programme is aimed at supporting over 55s that are affected by loneliness and isolation. We support through activities, virtual engagement, check in phone calls and delivery services.
- **Tiger Cubs-** Weekly football sessions for children aged 2-4 years.

See more of our work across our social media platforms:

- Twitter- @tigerstrust
- Facebook- TigersSportandEducationTrust
- Instagram- @tigerstrustofficial
- New website launching soon!